

2026 TEEN DATING VIOLENCE AWARNESS & PREVENTION MONTH

February is *National Teen Dating Violence Awareness and Prevention Month*. This month, educate yourself, learn the stats, and connect with local resources.

Teen Dating Violence is...

a pattern of **controlling** behavior to gain power over a dating partner. This includes:

- Physical/sexual violence
- Emotional/verbal abuse
- Technology misuse
- Threats, isolation, and stalking

Anyone, regardless of gender identity, sexual orientation, race, ethnicity, religious affiliation or background can be affected. In fact, many minority groups are at higher risk of teen dating violence.

What can adults do?

- Talk with teens about relationships, boundaries, friendship, and dating.
- Be someone they can trust – listen without judging or making assumptions.
- Believe them.
- Talk with them about plans for safety and respect their opinions.
- Ask how you can help.
- Offer to connect them with Partners for Peace and other resources.
- Consider reaching out for support for yourself too.

Wear Orange for Teen Dating Violence Awareness!



www.partnersforpeaceme.org
partnersforpeaceme@partnersforpeaceme.org
24 Hour Helpline 1-800-863-9909

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February 9-13 is National Respect Week and **February 10th** is Wear Orange Day. Visit loveisrespect.org/tdvam to learn more.

Local Resources:

Partners for Peace: Free, confidential 24/7 support for survivors of domestic violence or dating abuse at any age.

24/7 Helpline: 1-800-863-9909

Rape Response Services: Free, confidential 24/7 support for sexual assault survivors at any age.

24/7 Helpline: 1-800-871-7741

Shaw House: Emergency youth housing services for ages 10-24. **1-866-561-7429**

CHCS Crisis Service: 24/7 mental health support. **Call 988 or 1-888-568-1112**



Learn more and request a presentation, materials or consultation today.

Sources:

Centers for Disease Control and Prevention. Maine Integrated Youth Health Survey (2025). National Coalition Against Domestic Violence (2015). *Teen, campus & dating violence*. Office of Juvenile Justice and Delinquency Prevention (2019). *Teen dating violence*. U.S. Department of Justice. Wisniewska, M. J. (2025). *Teen dating violence statistics 2024. Break The Cycle*.

Connect with us to schedule a Partners for Peace presentation.



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National Support:

Love Is Respect: Info, helpline, chat, text for ages 13-26.

loveisrespect.org

Take It Down: Assistance removing explicit images online.

takeitdown.ncmec.org

TechSafety.org: Technology abuse resources for youth and supportive adults.

techsafety.org

2026 TDVAM Webinar: 2/18

Love is Respect's "Main Character Energy: Respect Isn't Clingy."
(Register Now) loveisrespect.org